

LIVE MUSIC NOW AT HOME

INTERACTIVE GUIDELINES FOR CARE HOMES

We're very pleased that you are able to take part in online interactive sessions with Live Music Now musicians, during these difficult times

Please read these guidelines to help make the sessions as enjoyable, successful and safe as possible.

SETTING UP

The musician will call you to make arrangements for the first session. They will follow up with an email, which you need to keep hold of. This email will include a link to join in the online activity in *Zoom*.

Clicking on the link is how you will begin your session.

PREPARING TO TAKE PART

1. Decide in advance a member of staff who is confident to lead the room in copying what the musicians are doing on screen, and feeding back to them.
2. If you haven't used the technological set-up in this way before, try to do a test run before the session (especially with leads/volume, etc).
3. Help the musicians by thinking of songs which residents might enjoy ahead of the session.

DURING THE SESSION

1. Please ensure members of the care team are in the room for the entire session.
2. Make sure that any staff present during the session help and encourage residents who find it difficult to engage with the image on the TV/device.
3. In general, the more staff who are able to be in the room and actively taking part in activities, the better.
4. To start the session, click on the link you were emailed. This will take you to an online "Waiting Room" and the musician will let you in.

BEFORE THE SESSION

1. Choose a space without too many distractions.
2. Make sure the space is well lit.
3. Make sure that you and the residents taking part are in the camera shot.
4. Sit close enough to the camera to be seen, but far enough away so that you or a resident doesn't accidentally hit the camera, especially when doing an activity.
5. Please turn on "Original Sound" in audio settings (the musician will guide you).
6. Enjoy the session with the musician. It will include music for you to listen to and activities to join in with. The musician will be as responsive as possible to you and residents, but remember there is a slight time delay with the technology
7. The musician may ask you to join in with the activities to support the residents – they'll give you clear instructions. No musical expertise required!!
8. Don't be afraid to ask the musicians to repeat a song/activity or do something differently.

AFTERWARDS

1. Let the musician know if they need to adjust the pace or content for your residents.
2. Confirm the date of the next session.
3. Complete the online evaluation surveys for team members and residents following the links that will have been sent by the LMN branch.

If you have any questions, please discuss these with your branch teams, and we will try to find the answer.

These guidelines were written in April 2020, and will be updated from time to time, as we develop our work in this area.

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