

## LIVE MUSIC NOW AT HOME

# GUIDANCE FOR FAMILIES TAKING PART IN LMN ONLINE SESSIONS

We're excited to offer you online music sessions with one of our Live Music Now musicians. Please read these guidelines to help make the sessions as fun and safe as possible. Our musicians have enhanced DBS checks and specialist training to lead inclusive music sessions.

### Setting Up

The musician will call you to make arrangements for the first session. They will follow up with an email which you need to keep hold of. This email will include a link. Clicking on the link is how you will begin your session.

### Before the session

1. Choose a space without too many distractions. Avoid using a bedroom.
2. Make sure the space is well lit.
3. Make sure that you and your child are both in the camera shot.
4. Sit close enough to the camera to be seen, but far enough away so that your child doesn't accidentally hit the camera, especially when doing an activity.
5. Have your musical instruments and any other props to hand.
6. Please make sure your child is dressed appropriately for the session.

### The music session

1. Please ensure a parent or carer is in the room for the entire session.
2. To start the session, click on the link you were emailed. This will take you to an online "Waiting Room" and the musician will let you in.
3. Please turn on "Original Sound" in audio settings (the musician will guide you).
4. Enjoy the session with the musician. It will include music for you to listen to and activities to join in with. The musician will always be responsive to your child.
5. The musician may ask you to join in with the activities to support your child – they'll give you clear instructions. No musical expertise required!!

### Afterwards

1. Let the musician know if they need to adjust the pace or content for your child.
2. Confirm the date of the next session.
3. Drop Live Music Now an email with some feedback (or a photo!) that you are happy to share after any of the sessions.

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If you have any questions, please discuss these with your branch teams.

These guidelines were written in April 2020, and will be updated from time to time, as we develop our work in this area.